

Resiliency Ohio Website Resources

<http://www.resiliencyohio.org/>

This website promotes mental wellness for all youth, with a particular focus on youth with serious emotional disabilities and their families. This website was created by Resiliency Leadership Ohio, which is comprised of youth with serious emotional disabilities and their families, with the support of the Center for Innovative Practices, the Ohio Federation for Children's Mental Health, and the Ohio Department of Mental Health.

1. Youth and Family Insights on Resiliency DVD

- **Description:** In this 10 minute video youth with serious emotional challenges and their family members share their insights on promoting resiliency and mental wellness.
- **URL:** http://www.resiliencyohio.org/resiliency_ohio_video.php

2. Youth and Family Insights on Resiliency and Suicide Prevention DVD

- **Description:** Youth who have struggled through suicidal thoughts and their family members share their message of hope to other youth and young adults who are struggling through mental health challenges and thoughts of suicide.
- **URL:** http://www.resiliencyohio.org/resiliency_ohio_video_res_suicide_prevention_standard.php

3. Youth and Family Stories of Resiliency Training DVD

- **Description:** Youth and their family members share their personal stories of resiliency and their journeys toward wellness.
- **URL:** http://www.resiliencyohio.org/resiliency_ohio_stories_of_resiliency.php

4. Resiliency Consensus Statement

- **Description:** The Resiliency Consensus Statement represents the core principles and concepts that constitute a resiliency-oriented approach in supporting and promoting resiliency in youth with serious emotional disabilities and their families.
- **URL:** http://www.resiliencyohio.org/resiliency_ohio_consensus_statement.php

5. Resiliency-Oriented Principles of Care

- **Description:** Principles of resiliency-oriented care developed by youth and families.
- **URL:** http://www.resiliencyohio.org/resiliency_ohio_video_res_suicide_prevention_standard.php

6. Youth and Family Insights on Resiliency Power Point

- **Description:** Training power point on resiliency and mental health
- **URL:** http://www.resiliencyohio.org/resiliency_ohio_resources.php

7. Resiliency Brochure:

- **Description:** Informational brochure describing resiliency and children's mental health
- **URL:** http://www.resiliencyohio.org/assets/resiliency_brochure.pdf

8. Risk and Protective Factor Checklist

- **Description:** Research informed checklist of risk and protective factors per life domain.
- **URL:** http://www.resiliencyohio.org/resiliency_ohio_resources.php

9. Provider Resiliency Implementation Continuum

- **Description:** Provider resiliency implementation readiness survey
- **URL:** http://www.resiliencyohio.org/resiliency_ohio_resources.php

